

## Smokenator™ 1000

Efficient means of converting your Kettle to a *full featured* 

## Smoker

~Patent No.: US 7,832,330 B1~ **WWW.SMOKENATOR.COM** 

Congratulations on your purchase of the Smokenator<sup>TM</sup> 1000. It is the first product of its kind to efficiently convert a kettle barbecue into a smoker, giving you a smoker that exceeds the traditional vertical water smoker in both performance and cost.

#### **Features**

- \* Efficient design
- \* Shields food from direct heat radiation
- \* Ability to add moisture to cooking environment
- \* When properly used can cook food up to 30% faster with same results as traditional vertical smoker
- \* Avoids messy clean up associated with vertical smokers

With the Smokenator's<sup>TM</sup> thoughtful design, even a 25 pound turkey can be smoked. Using the Smokenator<sup>TM</sup> you will be able to control temperature and moisture to achieve a final product that is very well smoked, yet moist. The Smokenator<sup>TM</sup> is well suited for smoking fish (especially salmon), ribs, roasts, tri-tips, chicken, and turkey. The following instructions describe how to set up the Weber and Smokenator<sup>TM</sup> to achieve low and slow temperature consistently.

#### **Warning**

When in use, all of the Smokenator's<sup>TM</sup> surfaces are extremely hot! Always wear protective gloves or mitts when handling the Smokenator<sup>TM</sup> when it is in use. Be especially careful if you are removing the steam pan if it contains water or if you have been partying or drinking. Burns are very painful.



#### **Items included:**

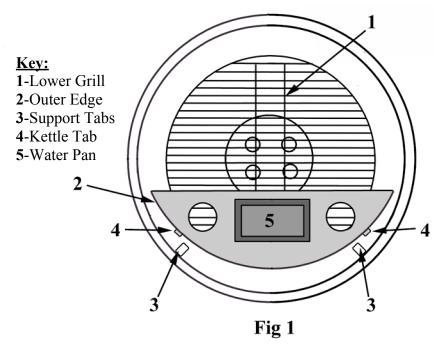
- \* Smokenator<sup>TM</sup> 1000 Baffle
- \* Stainless Steel Pan
- \* 12" Skewer for Pushing Coals

## Installing the Smokenator<sup>TM</sup>

Starting with a clean kettle lid, make sure the interior of the **kettle top** is brushed clean of accumulated smoke flakes. Keep the lower kettle free of accumulated smoke residue, ash, and soot. This keeps each smoking session free of harshness.

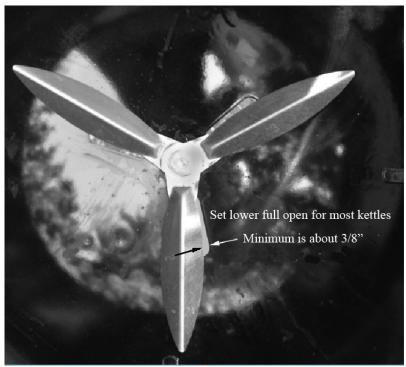
Arrange the coal support grill (1 the lower grill + support rods) so that the base of the baffle fits in between the main rods (1) of the coal support grill. The top outer edge of the Smokenator<sup>TM</sup>

- (2) is supported by two of the upper cooking grill's support tabs
- (3). Arrange the baffle so that the bent tabs of the baffle (4) are positioned directly over the kettle tabs (3) that are used to support the cooking grill. This allows the baffle to be lightly secured to the kettle.



## Setting Up the Weber Vents to Cook Low and Slow

The approach to smoking "low and slow" requires setting up the draft restriction on the Weber kettle. As you know the Weber has two controllable vents – a lower and an upper vent. Shown below is a photograph of the lower vent system. Take a common pencil, place it in the slot where the arrows are in the photograph, and slide the vane or spoke against the pencil, the result is about a 3/8" gap in each lower vent, which is the minimum setting! We currently use the lower vent fully open and have no problem regulating temperature. The lower vent gap can be varied to compensate for a leaky kettle. You can calibrate the vanes on the Weber Gold's ash catcher and can regulate temperature via the lower vent. On the less expensive Weber Silver model it's difficult to set the vents with any precision. Regardless of model, we use the upper vent to control temperature in the kettle. It is the **most reliable** when running dry the lower is set very narrow.





This photo shows the setting of the upper vent system. Charcoal is very sensitive to fluctuations in oxygen. A gap of 5/16" in the upper vent as shown will maintain a temperature of about 230 °F dome temperature (210 °F food support grill temperature), depending on ambient temperature (70-90 °F), humidity, and smaller cooking loads. You will vary temperature by opening and closing this vent. To double the air intake from the 5/16" setting, open the vent to 8/16". To increase the air intake 50% more, open the vent from 8/16" to 11/16". The outer boundary for our management of low and slow is 11/16". Temperature control can be maintained by using these three settings and the 3/16" setting.

You will need a thermometer set in the dome vent (see picture on page 13 for thermometer set up).

If during a cook, temperature drops by 10 °F, open up the upper vent about 1/16" to 1/8". If there is no response in 10 minutes, stir the coals and check the condition of the unburned charcoal. If cavity is low on coals (about 5 hours) replenish, figuring 8-10 briquettes are burned in an hour.

When adding unlit coals, you can see a drop in dome temperature as the water evaporates and the more volatile components of charcoal ignite. This effect lasts for about 15 minutes; you can compensate a bit if you want, but we usually don't worry about it.

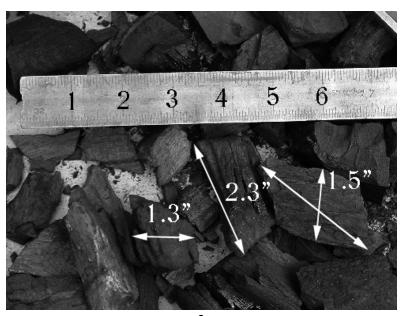
The following table shows the relationship between the maximum width of the ellipse (seen between the two arrows in the picture on page 4 and is the actual opening) and its relationship to the total venting area of the 4 holes. You see that the relationship is not a one to one basis. One open hole on the Weber is about 0.60 square inches, and 0.58 is very near one open hole or a setting of 5/16". We have found that choking the upper vent to 3/16" will allow a burn to proceed. A common pencil has a diameter of .30"; 5/16" is 0.31 square inch. Once you discover how damping works in your kettle you can whittle a stick or find various pencils of varying widths to set your vents. 5/16" is your initial starting point.

		Area of	Area of	Area of	4 Holes
Area of	the	One	Four	Three	Percent
ellipse		Circle	Circles	Circles	Open
	1/16	0.014	0.055	0.042	2.27%
	2/16	0.038	0.153	0.114	6.34%
	3/16	0.069	0.277	0.207	11.53%
	4/16	0.105	0.422	0.315	17.53%
	5/16	0.146	0.583	0.438	24.21%
	6/16	0.189	0.756	0.567	31.42%
	7/16	0.235	0.941	0.705	39.12%
	8/16	0.284	1.134	0.852	47.15%
	9/16	0.334	1.336	1.002	55.53%
1	10/16	0.386	1.543	1.158	64.12%
1	11/16	0.439	1.755	1.317	72.95%
1	12/16	0.492	1.97	1.476	81.87%
1	13/16	0.547	2.188	1.641	90.94%
1	14/16	0.601	2.406	1.803	100.00%

#### **Charcoal Briquettes or Lump Charcoal?**

All of the original testing was done with Kingsford Charcoal. Kingsford is a very consistent product from bag to bag and is available in most places. It's a decent product that is formulated to start fast and provide enough heat for one decent grilling session. It works well for low and slow cooking. The biggest complaint about it is the issue of purity. Kingsford is an admixture of carbon made from wood and processed mineral char to form nearly pure charcoal, sawdust, sodium nitrate (for easy ignition) and some starch to hold it all together.

Lump charcoal is used by many experienced BBQ Chefs for the simple reason that it is pure wood charcoal derived from hardwood. We have found the best way to burn lump in a controlled manner is to break it up. The goal is to make as many pieces close to the size of a briquette, or 2" x 2" x 1.5". These pieces are laid down on the coal support grill, with smaller chips and wood chunks layered on top of this first layer. In our personal experiments, breaking up the lump in this manner makes for plenty of surface area to ignite, creating the environment for an even and consistent burn rate. When using lump charcoal with the Minion method, expect burns to last 5 to 6 hours.



#### **Long Cook Times - Set Up and Temperature Management**

A loaded Smokenator<sup>TM</sup> box will fuel a cook of about 6 hours, <u>if the dome temperature is kept near 230</u> °F. This six-hour time is valid for briquettes and varies for lump charcoal. The idea was introduced by Ray Minion on The BBQ Forum.

The concept is simple:

- \* Pack the Smokenator<sup>TM</sup> to the maximum with up to 60 charcoal briquettes (50 work just fine) or your processed lump charcoal **and about 5-7 oz of wood.**
- \* Remove about 16 briquettes (**20 if ambient is under 50 degrees**) and light them in a chimney starter (never use petroleum based charcoal starter fluid). When they are about three quarters lit (after 15-20 min using Kingsford, a bit longer for Royal Oak), set them back into Smokenator<sup>TM</sup>.
  - \* Use skewer provide to arrange coals.
  - \* Set the water pan in place and fill with water.
  - \* Set food support grill in place (if not doing a turkey).
  - \* Put kettle lid in place and set the upper vents to 5/16".
  - \* Let the kettle come up to temperature.
  - \* Place the food on the grill once dome temperature is up to 220-230 °F. Food support temperature is about 210 °F.
  - \* Place lid on the kettle with the upper vent **opposite** the Smokenator<sup>TM</sup>.
  - \* Make sure your upper vent is set to 5/16"! This is a critical setting and the start point.

When you put cold food (having a temperature of 50 °F) on the Hovergrill in the kettle, fully expect the temperature **not** to stay at 230 °F dome at the beginning of the cook.

Dome temperature will probably drop to 180 or 190 °F when food is added to the grill. In this situation you can take no action and let the meat absorb the heat, which will take about 60 to 90 minutes. Or you can open the vent to ½" opening (a doubling of vent surface area) which will raise temperature some. Do remember to watch the temperature after each adjustment until you know your kettle and how it responds. All temperature management is done using the dome temperature! Food support grill temperature is 10 to 20 °F less than dome temperature, relatively speaking.

Critical Point: When the upper vents are set at 5/16" and dome temperature is 230-240 °F, the water will be simmering (not a vigorous boil). Until you understand and are familiar with your tools and how fast water evaporates, quickly check the water level every 30 minutes. This is entirely precautionary; at the 5/16"-3/8" setting, water will last about 70 to 90 minutes. Opening up the upper vents increases heat production and also evaporates the water faster!

It is our observation that after about 1.5 to 2 hours, smoke production will decrease with the Minion Method. We find that stirring the coals will usually help smoke production. When this doesn't work, we add more wood to keep a light blue smoke venting from the dome.

We strongly advise that every hour you tend to the coals: open the kettle lid and use the skewer to shift the coals. This ultimately means a more even and controllable temperature. The first hour the Smokenator<sup>TM</sup> cavity is still very full, but you knock the ash off the charcoal and keep its surface area exposed to air. If you have a one touch system, at about 4 hours, sweep the ash out of the kettle. This can be done with the lid closed.

Many people worry about lifting the kettle lid and losing temperature. We don't worry about it too much. At the most, the lid is off for only about 2 minutes. The food doesn't lose temperature since it is mostly water. (Put a thermometer into a quart of your hottest tap water and watch how fast the temperature drops in 2 minutes; it's not very much). Kettle dome temperature recovers in 5 to 10 minutes.

## Shorter Cook Times and More Observations in Temperature Management

We would recommend using the Minion method, exclusively. If you cook only for a couple hours, closing off the upper and lower vents will save your unburned charcoal and wood chunks for the next time.

You *can* place fewer briquettes in the cavity for shorter cooks at the start-up; just make sure there are unlit coals on the floor of the charcoal support grill and proceed as the section on the Minion Method outlines. Figure 10 briquettes at start-up plus 10 per hour, as a rule of thumb.

The Smokenator<sup>TM</sup> set up consumes about 8 to 10 briquettes every hour to keep temperature at 230-240 °F. We would recommend that if you have a very long cook, such as a turkey or pork butt, that at 5 hours you refill the cavity with briquettes and add wood chunks according to what you are cooking. Beef doesn't need heavy smoke. If you use lump, you might have to replenish sooner. If there are less than 8 briquettes by weight in the cavity, the temperature will not be sustained and will drop.

#### **Vent setting management**

If you load the kettle with cold meat on the food support grill and the Hovergrill, the dome temperature as mentioned will drop to 180-190 °F. If, for time reasons, you decide to compensate for this drop in temperature and open the vents to full open, several things will happen. First, it increases the amount of steam produced in the kettle, and this steam condenses on the colder food, warming it. Secondly, this causes more coals to ignite as temperature moves near 210-220 °F. We advise closing the upper vents to 5/16" to choke the fire. If you don't, you risk creating a mass of charcoal generating too much heat, causing the internal temperature to over shoot. This leaves you with a hot kettle that is slow to cool and the water pan furiously boiling. As long as water is in the pan, humidity is maintained; water will eventually evaporate and the temperature will spike to over 330-340 °F.

On occasion, we have set the upper lid askew. This floods the kettle with air, and the rise in temperature will cause water to evaporate very quickly (15 minutes or so), and then the temperature spikes to over 340 °F. This results in a hot kettle that cools slowly. It take over 40 minutes to cool down to 230 °F! Just be careful to close the upper lid the right way all the time.

For users who are completely new to temperature management, we recommend that you do a test run. Start a session without cooking any food and follow the Minion Method to see how your Weber functions. You will be glad you did and your anxiety level will be much less when you actually do those ribs or roast. The directions outlining the Minion Method start with a fire that is under performing, and letting the upper vent supply the right amount of oxygen to bring the kettle up to the right temperature.

#### What to Expect

The Smokenator<sup>TM</sup> creates a huge amount of humidity in the kettle. If you are used to other methods of low and slow cooking, the results in the Smokenator<sup>TM</sup>, when followed at 230 °F dome temperature, will be very moist and tender. It is possible to control the degree of juicy-ness. By removing water in the last hour you can place a dryer finish on the outside of the meat, keeping a juicy interior. If you want deep interior dryness, then keep water in the pan for ¼ of the cooking time to enhance smoke ring flavor.

#### **Using the Smokenator** TM Without Water

In this situation you will have to close the upper vents down to 1/8" to 3/16". Secondly, the lower vents will have to be closed down even more in order to control excess air entering. Use an 8d nail as a gage to initially set the lower vents.

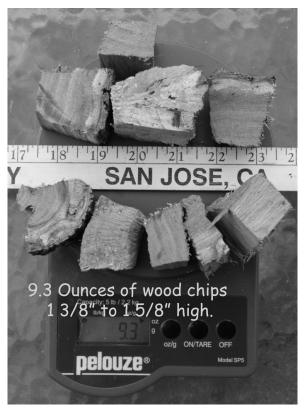
An issue that raises concern is temperature control. The reason why the Weber with the Smokenator<sup>TM</sup> is so stable, is due to water absorbing heat energy, allowing the vents to be open more; this allows more control.

Without water, the kettle is harder to control. Since it has such a low air intake, ash build up interferes with efficient burning. If you are going to do this, let the kettle come to temperature at 1/4" opening. Then using the table, use the halving and doubling of openings to control temperature. We usually don't smoke without water since the results are superior in terms of tenderness and moisture content of the meat or poultry when using water. We will use dry setting for finish of brisket and pulled pork.

#### **Dry Environment Settings**

There is no guarantee that the temperatures cited below will be exact, since every kettle is different. Start with the lowest setting first so that you understand how your particular kettle functions at the base line and work up to wider openings.

Lower Vent Space	Upper Vent Spacing	T°F
1/8"	3/16"	200 ° F
1/8"	1/4"	220 ° F
1/8"	3/8"	255 ° F
1/8"	1/2"	320°F
1/8"	5/8"	330°F



The picture above shows the cross section size of wood chunks. All chunks are 1 3/8" to 1 5/8" high. We never soak them. We try to avoid using wood chips since they can introduce huge amount of smoke and turn food harsh. Use these sparingly until you get a handle on smoke production.

# What if I use the initial settings for the kettle and my temperature is too low or too high?

We have had several customers comment that their food took too long to cook. This most likely happened because the customer jumped right into low and slow cooking without doing two things:

- 1) They did not make sure they had a dome thermometer.
- 2) They did not do a test run of the settings and temperatures with just coals and an empty kettle, and instead jumped right into cooking their meat.

#### **How to Calibrate Your Weber Low and Slow**

The Weber kettle cooker with a Smokenator™ has six factors that can vary and cause temperature to misbehave:

- \* Amount of fuel
- \* Amount of air
- \* Pan filled with water or no water
- \* Wood chunks
- \* Ambient temperature
- \* Wind conditions

For example, if the ambient temperature is 75 °F, and you have your Weber in a relatively enclosed space unaffected by any breeze, two of the variables become constant.

#### The Test Run

The goal will be to limit all the variables except for one: the air vents will be opened and closed to determine the effect.

Adjust the lower kettle vents to half open and the upper kettle lid vents to 3/16" open. Adjust the thermometer so that the tip extends about 1/2" under the kettle lid surface. Using either processed lump charcoal as described previously or briquettes, put about 20 to 25 percent (12 briquettes) into a chimney charcoal igniter and bring them to a hot, red color.

During the 20 minutes needed to bring the igniter coals to a good burn, pack the Smokenator<sup>TM</sup> with the remaining coals (40 briquettes). You are providing an "unlimited" source of fuel.

When the ignition coals are red hot and well lit, place them into the Smokenator<sup>TM</sup>. Push the coals into the sides to allow the water pan to fit into the Smokenator<sup>TM</sup>. Then place the water pan in the Smokenator<sup>TM</sup> and fill with water. Place the upper lid over the kettle bottom with the upper vent opposite the Smokenator<sup>TM</sup>.

It will take about 10-15 minutes for the water and kettle to heat up. Let the unit come to a stable temperature, and let it stay at that temperature for 10-20 minutes so you know for sure that it is at the steady state temperature. Make a note of the temperature. Open the lid, fill the pan with water, stir the coals to knock off ash, and put the kettle lid back on. Adjust the upper vents to 5/16" and the temperature will rise. Wait for 20 to 30 minutes and watch where the temperature settles to.

Repeat the procedure of knocking the ash off the coals, filling the pan again with water, and replacing the lid; now open the upper vents to 8/16". Again, wait till it is clear that temperature has stabilized.

You may want to play with your Weber and close the vents to the 5/16" setting and see what happens in your kettle.

A regular Weber with minimal leaks, set with upper vents at 5/16" and lower vents better than 3/8" should reach steady state temperature with simmering water at about 230-240 °F dome temperature. If your kettle is at 260 °F at this setting, then you probably have a leak in the lid-base seal. If you suspect you have a leaky lid to kettle bottom, purchase about 4 1.5" Binder clips these work really well as clamps.

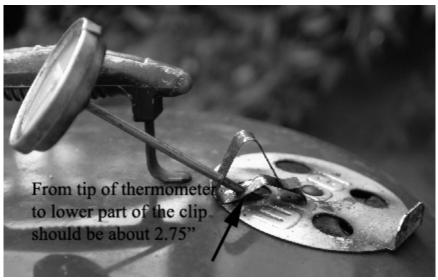
We know this sounds tedious to do, but knowing how *your* Weber works will pay off in confidence, give you better timing, and will allow you to focus on something other than temperature management, like consuming your favorite beverage and having fun. It will leave you rested to enjoy the fruits of your culinary intention.

#### **Link to the Minion Method**

http://www.virtualweberbullet.com/fireup2.html#minion

#### Placement of a Taylor Bi Metal Candy Thermometer

Model #5911N, cost at Ace Hardware is typically less than \$10.00





## **Turkey**

The Smokenator<sup>TM</sup> was originally designed to allow a huge turkey to be smoked. The set up for doing a turkey is very simple. Place a medium coating of salt, dry rub, or spices on the skin of the turkey. If you use salt, lightly spray some cooking oil spray on the skin to ensure that the salt adheres to the skin. This provides the smoke a means to transfer flavor into the meat.

Place the turkey breast side down in a small roasting pan that will fit in the kettle. Raise the pan about 3 inches off of the coal supporting grill. (Try using two upside down bread pans wrapped in foil). Rotate the turkey 180 degrees every hour. At the end of the second hour of smoking, turn the turkey, breast side up. The temperature of the kettle is normally between 225 and 250 °F when smoking and using water to keep moisture levels up. A turkey can take upwards of 6 to 8 hours to smoke. After 4 hours, the turkey is well smoked, and it can be moved to an oven to complete cooking, if you desire. If you do this, wrap your smoked bird tightly in foil so it doesn't dry out!

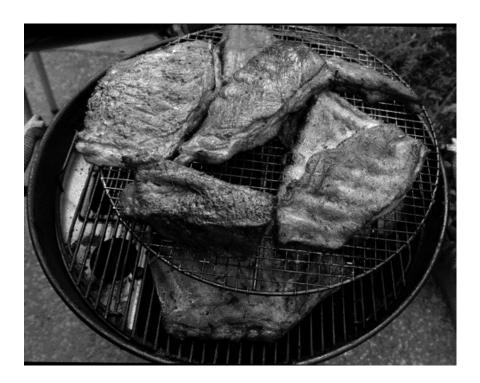


### **Salmon**

Salmon is a wonderful fish that smokes really well. Lay two sheets of foil on the counter and set the fillet's skin surface down on the foil. Salt the exposed side well, since having a salty base on the fish brings out the smoke flavor. After coating the fish with salt, lightly spray with a cooking oil spray. Set it on the **food support grill.** 

Salmon cooks rather quickly in the Weber. We generally let the fish remain in the kettle for about 2 hours, making sure that the water pan is never empty. We don't overload the kettle with a huge number of coals. Try 20 briquettes or so, and add extra when you see the temperature dropping.

We also keep the Weber heavily stocked with wood chunks to make sure smoke is always present. The result is a pronounced slightly salty smoky salmon. This is not a cold smoke process, which takes a lot longer and is done at much lower temperatures.



## Ribs

This picture shows three slabs of ribs cooking on the food support grill and on a Hovergrill. This is roughly 15 pounds of food. **Most of your cooking is done on the food support grill,** where the temperature is about 210-220 °F when the dome temperature is 230-240 °F.

In this example ribs have to be rotated about midway through the typical 4 hour cook from the Hovergrill to the food support grill. Customers have reported using two rib rack smoking 8 racks of spare ribs, 4 on lower, 4 on upper grill. It took about 7 hours.

<u>Www.amazingribs.com</u> is a great site for pointers. Craig Goldwyn is one of the best in providing clear and concise directions in preparing ribs right.

**Finishing off:** The high humidity output keeps ribs moist. An hour before the ribs are done, we recommend that you remove the water and operate in dry mode low and slow. This will put a dryer finish on the ribs.



### **Chicken**

The Smokenator™ does chicken right! The results will pretty much astound you with the moistness of the meat. If you have ever cooked chicken and it comes out dry, you know the feeling. You take a bite and all the moisture is sucked out of your tongue. Chewing dry chicken is like chewing a dry sponge.

A pair of chickens, either halved or whole, take about four and a half hours at 230- 240 °F. The pan is always filled with water through the entire process. Note that these birds are in a roasting pan raised up 3" above the coal support grill. Always check your chicken with a meat thermometer that has been calibrated so that you know it is accurate! Chicken is done at 170 °F with the thermometer placed into the middle of the thigh meat.

You can also do split chicken halves on the food support grill.

There are many spice mixtures you can try with chicken. Our favorite is always slipped under the skin of the chicken. The spice soaks into the meat along with the smoky flavor. Brining is not needed for chicken or turkeys if water is kept in the pan.

#### **Pulled Pork**

Follow your preparation method and add your rub to the meat the night before. Set the Weber to sustain 230-240 °F dome temperature. It's smart to let the meat warm up to room temperature, but that is hard to do, given that these meats can take over 7 to 9 hours to do.

Place the pork butt on the **food support grill**. When the pork in deepest part registers between 165 to 170 °F (about 4 to 5 hours), we foil wrap ours and let the Weber run up to the 350 °F area till the meat thermometer registers 200 °F (1 to 1.5 hours). Then we unwrap the meat and set it back into a dry kettle environment about 30 minutes to let a crust form.

You can also just smoke low and slow till the meat reaches 190-200 °F. It just takes a *lot* longer, but it can be worth it.

#### **Brisket**

It is also a tough cut of meat that is cooked the same way: up to 165 °F, then foil wrapped, and brought up to 190 to 200 °F. Cooking times are about the same as pulled pork, but a little less since a brisket is not as thick. No foil? Expect to cook 7 to 10 hours and for meat to be be a bit drier.

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Our favorite book for sauces, marinades, dry and wet rubs and mops is:

## Championship Barbecue Sauces

By Paul Kirk. This book is well written by an accomplished and experienced chef.

## Andy's Rub

1 cup cane sugar ½ cup seasoned salt 3 tablespoons garlic salt 3 tablespoons celery salt

2 tablespoons onion salt 1/3 cup paprika

2 tablespoons black pepper 1 tablespoon lemon pepper

1 teaspoon ground celery seed

1 teaspoon dry mustard powder

1 teaspoon ground thyme

½ teaspoon each of allspice, cayenne, dried chives

This is another rub but a different skew in the last section of the recipe.

#### Mitch's Fantastic Barbecue Rub

<sup>3</sup>/<sub>4</sub> cup cane sugar

1/4 cup light brown sugar

6 tablespoons celery salt

1/4 cup seasoned salt

1/4 cup onion salt

2 tablespoons garlic salt.

1/3 cup paprika

2 tablespoons chili powder

2 tablespoons black pepper

1 tablespoon cayenne

1 teaspoon ground allspice

½ teaspoon ground cloves

½ teaspoon ground bay leaf

We like this rub since it has sweet, salt, and some complex spices.

If you have questions please email us at info@smokenator.com or call us at 408-340-3976

Visit the Smokenator<sup>TM</sup> Forum at www.smokenatorforum.proboards.com

Barbecue Kettle Accessories 6189 Mancuso Street San Jose, CA 95120

Good Luck and Thank You for Purchasing the

Smokenator™ 1000